

**ACTIVITY TITLE: Chinese Word Puzzles (字譜)**

**MINIMUM # OF PARTICIPANTS: 4 and above**

**MAXIMUM # OF PARTICIPANTS: No limit**

**FUNCTIONING LEVEL (Check all that apply):**

- High** (able to follow multi-step directions and work somewhat independently)  
 **Moderate** (follows up to two step instructions with some help/assistance)  
 **Low** (follows one step instructions with help and reminders)  
 **Passive only** (late stage dementia participants)  
 **Mixed**

**SUPPLIES NEEDED: White board and white board markers**

**STAFFING NEEDED: 1 - 2**

**STEPS IN FACILITATION: Prepare word lists such as two character spectrum, or four character spectrums. Suggest writing single word on white board. Encourage the participants to create word tree or guess the missing words. As participants call out words, write them on the board. Sample of words to use:**

**1. Two character spectrum:**

譜 (食譜, 臉譜, 樂譜, 離譜, 家譜。。。。)

華 (華人, 華埠, 華山, 華麗。。。。)

坐 (坐牢, 坐位, 坐下, 靜坐。。。。)

**2. Four character spectrum:**

高 高 興 興

歡 歡 喜 喜

不 男 不 女

不 肥 不 瘦

**POSSIBLE ADAPTATIONS:**

- Ask the meaning of the words
- Make sentences out from the words
- What are the synonyms or antonyms of the words

**Submitted By: Fay Yee Zhao**

**Site: Self-Help for the Elderly Adult Day Services**