



NETWORK NEWS

Special Edition Celebrating Older Americans Month – May 2010

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Older Americans Month provides all of us with the opportunity not only to focus on the contributions and needs of older Americans, but to think of how we as a nation need to prepare to meet the needs of their, and our, future. During May, make a commitment to do something a little extra in honor of a senior or seniors. A little extra courtesy at the store, giving someone a flower, spend a few hours in a senior center are some examples.

To help, we've enclosed a tribute card and envelope that you can send and bring a smile to someone deserving.

Or if it's you, plan something extra special for yourself, and don't feel guilty about it, you know that you deserve it!!!

HISTORY: In 1963, a meeting with the National Council of Senior Citizens resulted in President John F. Kennedy designating May as Senior Citizens Month, encouraging the nation to pay tribute in some way to older people across the country. In 1980, President Jimmy Carter's proclamation changed the name to Older Americans Month. Each year the Administration on Aging (AoA) issues a theme for Older Americans Month. This year's theme is **AgeStrong! LiveLong!**

2nd Annual Network-wide Older Americans Month Contest

Our member centers' activity directors and participants are in gleeful process of designing and creating hanging mobiles for this year's Older Americans Month (OAM) project.

The mobiles will be displayed and judged during an afternoon Network May Mixer on May 26th in San Francisco. The winning mobile will be judged on creativity and best reflecting this year's OAM theme of AgeStrong! LiveLong!

Last year, in paying tribute to our Older Americans, we initiated the first Network-wide therapeutic activity providing an opportunity for our participants to be acknowledged in a large public arena and the activity departments to win gift cards to stock their depleted supplies.

Last year's project was a poster contest and our winner was SteppingStone Mabini ADHC. (Details at www.sfadulthood.org).

Our Activity Departments, just like you hear about in the schools, are usually the first to feel the

severe impact of limited resources during budget and economic downturns. Gift cards are very much appreciated to be able to purchase new items that cannot be acquired through in-kind donations.

The 2010 contest winner, with photos, along with the names of the participating member centers and our contributors will be acknowledged in our next newsletter, on the Network's website and FaceBook page.

The Mixer will be attended by member centers staff, Network Board members and community supporters. If you would like to attend the Mixer or contribute to the Network's 2nd Annual Older Americans Month project, please see enclosed insert.

San Francisco Adult Day Services Network is a collaboration of adult day services providers in San Francisco and Marin counties. Founded in 1983, it was the first citywide, multi-ethnic adult day services system in the United States.



August 15th is the date chosen for DANCE2CARE!

Planning is underway for the 2010 Dance2Care relaxed dance-a-thon to be held on August 15th. This year we celebrate the 1960's with a live band, The Back Pages! Dance contests, raffle prizes and costume contests. Yes, start finding those bell-bottom jeans, tie-dye tops, batik dresses and paisley prints shirts and come on by!

To receive more information or send a contribution, see enclosed insert!

Advocacy Updates - For updated state-wide fact sheets, visit www.caads.org.

Thank You! If it wasn't for our supporters, our allies and our friends, we would not be able to keep up the energy for the extreme advocacy needed to protect the services for our chronically-ill seniors. Here are some brief updates:

STATE BUDGET STATUS: The emergency budget session called by the Governor in January concluded in late February with no cuts to the ADHC program. On April 26, the Assembly Budget Sub-committee #1 voted to reject the Governor's proposal to eliminate ADHC for next year's budget (starting July 1st). The Sub-committee members questioned why the Governor did not take into account the financial liability in shifting care to higher cost services and the legal liability from not complying with the Americans with Disabilities Act.

ALZHEIMER'S DAY CARE RESOURCE CENTERS (ADCRC): The Assembly Budget Sub-Committee #1 voted 4-0 to restore the grant funds for the ADCRC programs at the 30% reduced level approved last year by the Legislature.

THE DEPARTMENT OF HEALTH CARE SERVICES (DHCS) HAS BEGUN issuing payments for the 10% rate reduction that providers experienced between July 2008 and August 18, 2008. As you recall, our state organization CAADS, along with other health provider plaintiffs, sued the State of California and succeeded in obtaining a preliminary injunction in federal court, effective August 18, 2008, to stop the 10% rate reduction approved by the Legislature and Governor in the 2008-09 state budget. This injunction was later upheld by the U.S. Ninth Circuit Court of Appeals. Subsequently, the plaintiffs argued that the injunction should have been effective retroactively to July 1, 2008. The federal courts agreed and ordered the State to restore the 10% reimbursement that had been withheld for that period.

STATE PLAN FOR ALZHEIMER'S DISEASE: California is currently developing a State Plan for Alzheimer's Disease to prepare for the expected increase in people living with and caring for someone with dementia. The final plan will be released to the Governor, Legislature and public in early 2011. To ensure that the final state plan accurately reflects the real-world experiences of families living with Alzheimer's Disease or a related dementia, a simple online survey tool has been developed. All family caregivers are invited and encouraged to take the short online survey that will help inform development of the Alzheimer's Disease State Plan. **The survey will only be live from April 15-May 31.** For more information on the Alzheimer's Disease and Related Disorders Advisory Committee, type in this link: <http://www.chhs.ca.gov/initiatives/Pages/Alzheimer'sAC.aspx>.



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San Francisco Adult Day Services Network's mission is to strengthen and promote high quality, affordable and culturally appropriate health care services, increase capacity for and access to services for people facing chronic conditions or disabilities who are ethically and economically diverse, support caregivers, and advocate for community-based services. A 501(c)(3) not-for-profit corporation allowing contributions to be tax deductible to the extent provided by law. EIN: 94-3197640

Adult Day Health Care Centers

Bayview Hunters Point, Institute on Aging Ruth Ann Rosenberg (ADCRC), JFCS – L'Chaim, Self-Help for the Elderly (ADCRC), St. Mary's, SteppingStone Golden Gate, Mabini, Mission Creek and Presentation.

Adult Day Programs

Institute on Aging Irene Swindells Center, Catholic Charities CYO, Kimochi, Inc, Senior Access