



San Francisco Adult Day Services Network – a coalition of non-profit adult day services agencies

Illness, injury, or chronic health conditions create significant challenges for many to remain living in their home and community. Adult day services enable frail elders and adults with disabilities to maintain their health, well-being, independence and participation in the community. Caregivers benefit from support groups, education and respite time.

San Francisco County Membership

- (A) Bayview Hunters Point ADHC, 1250 La Salle Ave. 94124
(415) 826-4774 www.bhpadhc.org
 - (B) Catholic Charities/CYO/San Francisco ADP/ADCRC, 50 Broad St. 94112
(415) 452-3500 www.cccyo.org
- Institute on Aging – ioaging.org**
- (C) Irene Swindells Center ADP, 3698 California St., 2nd Fl. 94118 (415) 600-2693
 - (D/F) Ruth Ann Rosenberg ADP/ADCRC, 3575 Geary Blvd. 94118 (415) 750-5330
 - (E) On Lok Lifeways PACE, 2700 Geary Blvd. 94118 (415) 447-8900
 - (F/D) On Lok Lifeways Coronet PACE, 3575 Geary Blvd. 94118 (415) 447-1000
- (G) Jewish Family & Children’s Services/L’Chaim ADHC, 2534 Judah St. 94122
(415) 449-2900 www.jfsc.org
 - (H) Kimochi, Inc. ADP, 1531 Sutter St. 94109 (415) 922-9972 www.kimochi-inc.org
 - (I) Self-Help for the Elderly Jackie Chan ADHC/ADCRC, 408 22nd Ave. 94121
(415) 677-7556 www.selfhelpelderly.org
- SteppingStone – www.stepsingstonehealth.org**
- (J) Golden Gate ADHC, 350 Golden Gate Ave. 94102 (415) 359-9210
 - (K) Mabini ADHC, 55 Mabini St. 94107 (415) 882-7301
 - (L) Mission Creek ADHC, 930 4th St. 94158 (415) 974-6784
 - (M) Presentation ADHC, 301 Ellis St. 94102 (415) 923-0245

Intake Specialists Directory available for discharge planners and referral departments. Call (415) 808-7371 or email request to info@sfadulday.org.

www.sfadulday.org

SFADSN is a not-for-profit corporation
Tax ID# 94-3197640



Marin County Associate Member

(N) Senior Access ADP

70 Skyview Terrace, Bld. B, San Rafael 94903
(415) 491-2500 www.senioraccess.org



Programs and Services



A variety of studies have shown that people who use adult day services often have fewer hospitalizations, fewer falls, and/or improved mental and emotional health. Adult day services enable participants to live fuller, healthier and active lives.

See inside of brochure for the locations of Network's member agencies. Below are the definitions for the program model acronyms.

ADULT DAY HEALTH CARE (ADHC) — medical model includes the services of skilled nursing, physical and occupational therapies for adults 18 years and older. Licensed by the California Department of Health Services. Services can be paid for by Medi-Cal, Veterans Administration benefits and some long-term insurance. Private pay is also accepted.

PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE) — An HMO-style health plan, that includes an ADHC program, for adults 55 or older.

ADULT DAY PROGRAMS (ADP) — social model designed to serve adults 18 years and older with mild to moderate memory loss or disabilities without additional significant health care needs. Licensed by the California Department of Social Services. Services can be paid for by private pay, Veterans Administration benefits and some long-term insurance.

ALZHEIMER'S DAY CARE RESOURCE CENTER (ADCRC) — Providing specialized services and care for adults 18 years and older with Alzheimer's disease or other related dementias. Licensed by the Department of Social Services. ADCRC's are located within ADHC or ADP models.

Culturally Competent — More than 20 languages are spoken/translated by staff members and volunteers reflecting our community's cultural diversity.

Our Convener Role

San Francisco Adult Day Services Network incorporated as a 501(c)(3) not-for-profit corporation in 1994. Our purpose is to develop and implement mission-based initiatives to assist a coalition of adult day services agencies to meet the growing need for cost-effective, community-based health care services for frail seniors and adults with disabilities.

Our Mission

Protect, strengthen and promote high quality, accessible and culturally appropriate adult day services.

Our Values

Collaboration • Accessibility • Visibility • Care and Support

Our Initiatives

- Advocacy/Outreach – Access to Care
- Enhanced Vision and Hearing Program
- Information and Referral
- Professional Development
- Collaborative Peer Meetings
- Older Americans Month contest



- Dance2Care 'relaxed' dance-a-thon, a collaborative fundraiser. Contact us to learn how your nonprofit or company can participate.

Donations are tax-deductible to the extent provided by law. ID# 94-3197640. Your contribution will help to sustain and grow the Network's initiatives and services. Send check to 221 Main St., #300, San Francisco, CA 94105. Secure credit card donations through PayPal at www.sfadultday.org



www.sfadultday.org

info@sfadultday.org

(415) 808-7371 • Fax (415) 808-4299



San Francisco Adult Day Services Network

A coalition of community-based adult day services agencies providing day-time health care for frail seniors and adults with disabilities who face barriers to living independently.



Benefits for Participants

- Safe, welcoming environment
- Individualized plan of care
- Proactive monitoring of health issues
- Medical, social and emotional support
- Exercise, recreation and therapeutic activities
- Nutritious lunches and snacks
- Door-to-door transportation
- Reduce/Avoid emergency room visits
- Prevent/Delay institutionalization

Benefits for Caregivers

- Peace of mind about loved one's care
- Respite for work, family or personal needs
- Reduced stress from caregiving
- Support groups for topics of concern